2014 Step Outdoors TRYathlon and 5K

Trail Run / Walk

September 20, 2014

TRYathlon Solo Results

Overall	Group	Category	Name	Hometown	Run	Paddle	Bike	Finish
1	1	M40+	Bruce Rohdenburg	Corning, NY	0:23:46	0:22:14	0:28:51	1:14:51
2	2	M40+	Kevin McCracken	Wellsboro, PA	0:25:10	0:20:50	0:32:31	1:18:31
3	1	M18-39	Nathan Bonham	Westfield, PA	0:21:51	0:27:22	0:33:44	1:22:57
4	1	M<18	Ben Williams	Knoxville, PA	0:22:24	0:26:47	0:36:05	1:25:16
5	3	M40+	Chris Heichel	Wellsboro, PA	0:26:10	0:25:23	0:34:30	1:26:03
6	2	M18-39	Adam Kolb	Liberty, PA	0:26:22	0:28:02	0:32:52	1:27:16
7	4	M40+	Sean Watkins	Wellsboro, PA	0:26:12			1:30:28
8	1	F18-39	Chelsea Martin	Wellsboro, PA	0:25:30			1:30:43
9	5	M40+	Mitch Stetter	Liberty, PA	0:28:39	0:35:11	0:27:13	1:31:03
10	3	M18-39	Jesse Ferris	Elmira, NY	0:26:00	0:26:00	0:39:05	1:31:05
11	6	M40+	Craig Hampson	Wellsboro, PA	0:28:32	0:24:42	0:37:57	1:31:11
12	4	M18-39	Grant Cole	Troy, PA	0:26:40	0:24:06	0:41:27	1:32:13
13	7	M40+	Gary Hermansen	Mansfield, PA	0:30:04	0:23:51	0:39:34	1:33:29
14	5	M18-39	Travis Hunt	Wellsboro, PA	0:25:37	0:30:27	0:38:07	1:34:11
15	2	F18-39	Laura Ferris	Elmira, NY	0:26:48	0:29:50	0:38:07	1:34:45
16	8	M40+	Steven Filante	Towanda, PA	0:27:30	0:26:41	0:40:46	1:34:57
17	1	F40+	Sharon Rohdenburg	Corning, NY	0:27:42	0:26:40	0:41:22	1:35:44
18	6	M18-39	Jared Stetts	S. Williamsport	0:26:14	0:25:46	0:44:25	1:36:25
19	9	M40+	Richard Whiting	Downingtown, PA	0:29:08	0:26:55	0:41:37	1:37:40
20	10	M40+	Bob Gresko	S. Williamsport	0:30:30	0:27:41	0:39:56	1:38:07
21	11	M40+	Pat Bonnell	Pine City, NY	0:31:01	0:33:20	0:37:08	1:41:29
22	3	F18-39	Aimee Stone	Westfield, PA	0:28:47	0:33:42	0:40:50	1:43:19
23	7	M18-39	Patrick Bonnell	Horseheads, NY	0:27:38	0:35:07	0:45:16	1:48:01
24	2	F40+	Alyson Leach	Galeton, PA	0:33:55	0:32:33	0:44:39	1:51:07
25	8	M18-39	Talas Mahon	Galeton, PA	0:32:16	0:33:25	0:46:17	1:51:58
26	12	M40+	Dick Morgan	Tioga, PA	0:42:32	0:26:24	0:43:08	1:52:04
27	13	M40+	John Kunder	Lebanon, PA	0:35:38	0:34:36	0:44:35	1:54:49
28	3	F40+	Michelle Kunder	Lebanon, PA	0:35:38	0:34:22	0:44:49	1:54:49
29	4	F40+	Tonya Doane	Wellsboro, PA	0:36:30	0:31:08	0:48:19	1:55:57
30	5	F40+	Cindy Shadle	Galeton, PA	0:36:02	0:39:29	0:41:02	1:56:33
31	6	F40+	Patricia Giannotti	Coudersport, PA	0:25:35	0:41:03	0:50:27	1:57:05
32	7	F40+	Barb Morgan	Tioga, PA	0:42:40	0:30:04	0:50:10	2:02:54
33	8	F40+	Darlene Smith	Campbell, NY	0:35:30	0:30:37	1:05:34	2:11:41
34	9	F40+	Michelle Zelinski	Wellsboro, PA	0:42:42	0:37:57	0:51:18	2:11:57
35	4	F18-39	Crystal Webster	Wellsboro, PA	0:47:28	0:34:47	1:08:43	2:30:58
36	10	F40+	Hilda Campbell	Gaines, PA	0:52:53	0:36:18	1:02:50	2:32:01
37	11	F40+	Amy Gallant	Wellsboro, PA	0:52:53	0:35:38	1:03:33	2:32:04
38	DNF	F18-39	Kristen Beals	Columbia xrds, PA	0:46:35	0:37:59	DNF	DNF